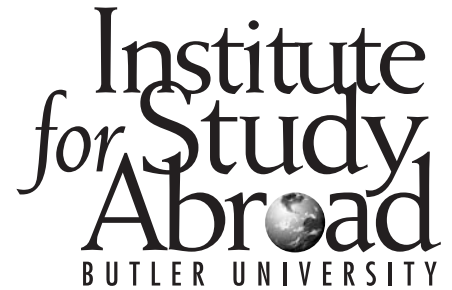


Travel Newsletter

England Summer 2011



May 20, 2011

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Last-Minute Reminders

Before you get on a plane, make sure you have your **student validation document** and **passport**. If you don't have them with you, immigration will turn you away at the airport when you land. **Your student validation document is included in this mailing.**

Make sure you have paid your program fee and/or taken care of your financial aid. We can't place you in housing if you haven't paid your fee.

If you have not already done so, e-mail your travel plans to dpraul@ifsa-butler.org as soon as possible. We need to know when to expect you so that we have a way to track you down if you don't turn up on time. If you miss a flight or change your plans, call IFSA-Butler at 800-858-0229 and **let us know**. We can keep our London office posted if you are delayed.

Checking In for Your Flight

You should plan to arrive at the airport three hours before your international flight. That allows you enough time to get checked in, get a boarding pass and make it to your gate.

You must check in for your flight. Otherwise, the airline can give your seat to someone else.

Ask if your domestic carrier has an agreement with your international carrier. If so, the domestic airline may be able to check your bags all the way through to your final destination.

If your bags can't be checked through to your final destination, you'll have to leave the gate area, claim your luggage, check your luggage and get a boarding pass at the international airline desk in the check-in area, then go through security to re-enter the gate area.

Get to the gate in plenty of time so you don't miss your flight.

Travel Problems?

If you are running more than an hour late and it looks like you might miss a flight, you'll need to make alternate travel arrangements and then call IFSA-Butler to let us know.

Students on the **group flight** should contact Advantage Travel at 800-788-1980 and let them know about the flight delay or missed connection. Advantage can help get you on a new flight if necessary. Leave a message if no one picks up; Advantage checks the messages regularly and returns calls.

Students who are traveling **independently** who miss a flight should contact the airline to get on a new flight.

Whether you are taking the group flight or traveling independently, **you must call us at 800-858-0229 to let us know about your change in plans**. We will then inform our London office of any delays on your behalf.

Be sure to leave your name, location, airline, old flight numbers, new flight numbers, departure and arrival times, and the name, number and room of the hotel (if you have to stay overnight). Then call your parents to let them know about your flight change.

We monitor messages on flight days, so if no one answers the phone, be sure to leave a message with the above information. **Be sure to call IFSA-Butler on our general line at 800-858-0229 to ensure that the correct person gets the message. Please do not leave a message about travel problems on your program advisor's voicemail or e-mail.**

Baggage and Backpacks

Contact both your domestic and international carriers for information on baggage requirements and limits.

If you exceed baggage limits, the airline can require you to buy new luggage and repack in the airport. Do not over-pack. You may be required to pay a fee for extra or oversized luggage.

If you lock your luggage, make sure the lock is Transportation Security Administration approved in order to lessen damages to your luggage. If your bag is searched, officers may cut the lock off, damaging your bag in the process.

Please do not bring sporting equipment. If you feel you must bring your own, call your domestic and international carriers for information about packing and excess baggage fees.

Packing Your Carry-on Bag

Did you pack:

- Your passport
- Your student validation document
- Your tickets or e-ticket confirmations
- *Preparing to Study Abroad*
- Your newsletters
- List of contact names, addresses, phone numbers, fax numbers, and e-mail for:
 - Academic advisor at your home college
 - Study abroad advisor at your home college
 - Parents and relatives
 - IFSA-Butler London office

You might also want to bring:

- Travel-size toiletries that meet airline specifications/restrictions (i.e., liquids in containers no larger than 3.3 ounces, all sealed in a clear, quart-size plastic bag).
- Something to read
- Something to listen to
- Spare clothes in case your luggage is lost or delayed
- Any medications and prescriptions
- Snacks
- Camera

According to FAA regulations, you are not allowed to bring in your carry-on the following items:

- Knives (including pocket knives)
- Cutting instruments of any kind
- Metal knitting needles (plastic needles are acceptable)
- Lighters
- Metal scissors (plastic scissors are acceptable)
- Baseball or softball bats
- Golf clubs
- Ski poles
- Hockey sticks

You can get the most up-to-date list of prohibited items from the Transportation Security Administration website at www.tsa.gov (click on "Travelers and Consumers" and then on "Air Travel").

Airlines have implemented stringent security measures and any items described above will be confiscated and not returned. Remember that metal objects, even pocket change and pen caps, can set off the airport's security alarms.

Carry-ons are subject to inspections. If you need to take a syringe on the airplane, you must have documented proof of medical need.

If you intend to bring a laptop, iPod or hand-held electronic game, follow your airline's instructions for use.

Security Check

Security is likely to be tight at all airports. Do not joke about hijacking, weapons or explosives—you can be arrested on the spot and sent to jail. Be patient and cooperative with all airport personnel.

You may be required to turn on electronic equipment to prove that it works. Be sure that your equipment is fully charged and include the power cord and/or batteries in your carry-on.

In-flight Comfort

For comfort during the flight, wear loose-fitting clothes and comfortable shoes. You'll probably find that the cabin feels cold, so don't give away your blanket.

Beating Jet Lag

During the flight drink plenty of water and sleep as much as you can. Try to eat something but avoid drinking alcohol.

If you don't adjust your internal clock right away, jet lag will hit you harder and last longer. Set your watch to local time, and eat and go to bed at normal English times.

Landing Card

As your plane nears the U.K., your flight attendants will hand out a few forms with customs and agricultural declarations. You can bring into the country duty-free goods valued up to £145, one liter of spirits or two liters of wine and 200 cigarettes. Do not bring explosives or flammable fluids. Remove the price tags and wrappings from any new purchases; you don't want to pay customs charges on new items.

If you have nothing to declare, go through the green channel.

If you have a question about declaring goods, declare them. It's not a problem to declare something you don't have to. However, if you neglect to declare something

customs considers dangerous to agriculture or against the law, they may fine, deport or imprison you.

Clearing Immigration

When you go through immigration, the officials will ask the purpose of your visit. Tell them that you are a student and present your **passport, landing card** (from the airplane) and **student validation document**. The student validation document verifies your status as a full-time student and confirms that your program fees are being paid. Tell immigration that you are a student only and are not working, volunteering or doing an internship.

If the official asks for your address and you do not yet have one, give him/her the address to our London office:

21 Pembridge Gardens
London W2 4EB
Telephone: 020-7792-8751

Lost Luggage

If your luggage doesn't come out of the carousel, see the airline officials to file a lost luggage claim **before you leave the customs area**. You can give them our London address (see above).

If you lose your luggage, let our London office staff know.

Phone Home

Please call home as soon as you get to England. Check with your long-distance carrier for instructions on calling home from England (and anywhere else you plan to travel) **before** you leave. Sometimes instructions for calling internationally with a calling card can be complex, so be sure to write the information down and bring it with you in your carry-on bag.

Currency

You can exchange currency at the airport. If you arrive late at night or on a weekend, you should definitely exchange your currency at the airport. Banks give a better rate of exchange, but they are not open on weekends or holidays.

You may want to acquire some pounds sterling before you depart, but you might need to order them in advance. Some banks and travel agencies keep pounds on hand. If you cannot get pounds sterling or traveler's checks in pounds sterling, you can exchange U.S. dollars and traveler's checks at banks in the U.K. for a small fee.

Arrival Information for Group Flight Travelers

Our London office staff will meet group flight travelers at the airport and arrange for transportation to the orientation accommodation. Look for IFSA-Butler signs in the arrivals area of the terminal at the airport.

University of the Arts, London College of Fashion

Staying at the IFSA-Butler London office, 21 Pembridge Gardens

No group flight is available for this program. See the independent traveler information on page 4.

University Westminster Session 1, Sessions 1 and 2

Staying at the Holiday Inn Regents Park

University of Sussex

Staying at the Holiday Inn Regents Park

London School of Economics and Political Science

Staying at the Holiday Inn Bloomsbury

Pembroke and King's Colleges

Staying at the Lancaster Gate Hotel

St. Peter's College

Staying at the St. Giles Hotel

University of Westminster, Session 2

Staying at the IFSA-Butler London office, 21 Pembridge Gardens

No group flight is available for this program. See the independent traveler information on page 4.

Last-Minute Tips

- Sign up for frequent flyer miles.
- Reread the housing and health insurance sections of *Preparing to Study Abroad*.
- Photocopy your passport and tickets and give a copy to your parents.
- Give your parents the numbers of your credit cards and traveler's checks in case they are lost or stolen.
- Buy a travel guide for England.

Questions? Call us at 800-858-0229 or check our website: www.ifsa-butler.org.

Independent Traveler Information

Where Is Orientation and How Do I Get There?

Independent travelers should go to their assigned orientation accommodation on the program start date. See the details for your program below. Please read the information carefully to make sure you head to the correct place!

IFSA-Butler staff will be waiting for independent travelers in their assigned hotels until 2 p.m. on the arrival day.

Directions from Heathrow Airport

The easiest and fastest option into central London is the Heathrow Express (15-minute ride; costs about £32 round-trip or £18 one-way), which will take you straight to Paddington Station in central London.

Note that a return ticket is valid for only 30 days, so you should purchase a single (one-way) ticket if you plan to be in England for longer than 30 days.

From Paddington you can either take a cab directly to your orientation accommodation, or you can take the tube (subway) to the nearest station. A single tube ticket is £4. See your orientation group listing below for directions and approximate cab costs.

The other option is to take the tube the entire way into central London. This ride takes over an hour, but it will cost only about £5. Take the Piccadilly line to Earl's Court Station. See your orientation group listing below for directions from Earl's Court.

Directions from Gatwick Airport

Take the Gatwick Express to Victoria Station (30-minute ride; costs about £31 round-trip or £18 single).

Note that a return ticket is valid for only 30 days, so you should purchase a single (one-way) ticket if you plan to be in England for longer than 30 days.

From Victoria you can either take a cab directly to your orientation accommodation, or you can take the tube (subway) to the nearest station. A single tube ticket is £4. See your orientation group listing below for directions and approximate cab costs.

The tube does not go all the way out to Gatwick, so your only other option is EasyBus, which costs between £1-10 and goes to Victoria or Earl's Court stations.

Orientation 1

University of the Arts, London College of Fashion
Program starts June 17

Students will be housed at the IFSA-Butler London office:
21 Pembridge Gardens
Notting Hill
London W2 4EB

Our London office is located conveniently about 150 meters from the Notting Hill Gate Station in central London.

Cab: Approximately £10 from Paddington, £15 from Victoria and Earl's Court. Baggage is extra.

Tube directions: From Earl's Court, Paddington or Victoria, take the Circle line (available at Paddington and Victoria only) or the District line to the Notting Hill Gate station.

When exiting the tube, head north on Pembridge Gardens (the road flanked by the Royal Bank of Scotland and the Book Warehouse) and the office will be on your right. It has a blue door and a fair amount of foliage out front.

Orientation 2

Westminster session 1, Westminster sessions 1 & 2
Program starts June 23

Holiday Inn Regents Park
Carburton Street
London, W1W5EE

Cab: Approximately £12 from Paddington and Victoria, and £15 from Earl's Court. Baggage is extra.

Tube directions: From Paddington or Victoria, take the Circle line to the Great Portland Street Station.

If coming via the Earl's Court Station, take the District line to Notting Hill Gate, then change to a Circle line train to the Great Portland Street station.

The hotel is about a five-minute walk from the station. Exit the station to Great Portland Street, then turn left on Carburton Street.

Orientation 3

Program starts July 1

University of Sussex:

Holiday Inn Regents Park
Carburton Street
London, W1W5EE

Cab: Approximately £12 from Paddington, Victoria and Earl's Court. Baggage is extra.

Tube directions: From Paddington or Victoria, take the Circle line to the Great Portland Street Station.

If coming via the Earl's Court Station, take the District line to Notting Hill Gate, then change to a Circle line train to the Great Portland Street station.

The hotel is about a five-minute walk from the station. Exit the station to Great Portland Street, then turn left on Carburton Street.

Pembroke and King's Colleges:

Lancaster Gate Hotel
66 Lancaster Gate, Hyde Park
London, W23NA

Cab: Approximately £6 from Paddington, £14 from Earl's Court and Victoria. Baggage is extra.

Tube: From Earl's Court, Paddington or Victoria, take the Circle line (available at Paddington and Victoria only) or the District line to the Bayswater station.

Exit the station onto Bayswater Road and turn left. Walk approximately three minutes to Leinster Terrace and turn left. Take the next right onto Lancaster Gate. The hotel is just a short walk, located on the left side of the street.

London School of Economics and Political Science:

Holiday Inn Bloomsbury
Coram Street
London, WC1N 1HT

Cab: Approximately £15 from Paddington, Victoria and Earl's Court. Baggage is extra.

Tube: Students traveling to the Holiday Inn Bloomsbury from Heathrow can take the Piccadilly line all the way to Russell Square.

Or, from Paddington, take the Circle line (available at Paddington only) or the District line to South Kensington Station. Change to the Piccadilly line and go to the Russell Square Station.

From Victoria, take the Victoria line to Green Park, then change to the Piccadilly line and go to Russell Square.

The hotel is just a few minutes' walk from the Russell Square Station. Exit the station at Herbrandt Street and head north. Turn left on Coram Street.

Orientation 4

St. Peter's College

Program starts July 7

St. Giles Hotel
Bedford Avenue
London, W1

Cab: Approximately £15 from Paddington, Victoria and Earl's Court. Baggage is extra.

Tube: From Paddington or Earl's Court, take the Circle (available at Paddington only) or District Line to Notting Hill Gate station, then change to a Central Line (eastbound) train and go to the Tottenham Court Road station.

From Victoria, take the Victoria Line to Oxford Circus, then change to the eastbound Central Line and go to the Tottenham Court Road station.

At the Tottenham Court Road station, find the exit for the Dominion Theatre. The hotel will be a one-minute walk north on Tottenham Court Road on the right.

Orientation 5

University of Westminster session 2 only

Program starts July 14

Orientation will be held and students will be housed at the IFSA-Butler London office:

21 Pembridge Gardens
Notting Hill
W2 4EB

Our London office is located conveniently about 150 meters from the Notting Hill Gate Station in central London.

Cab: Approximately £10 from Paddington, £15 from Victoria and Earl's Court. Baggage is extra.

Tube directions: From Earl's Court, Paddington or Victoria, take the Circle line (available at Paddington and Victoria only) or the District line to the Notting Hill Gate Station.

When exiting the tube, head north on Pembridge Gardens (the road flanked by the Royal Bank of Scotland and the Book Warehouse) and the office will be on your right. It has a blue door and a fair amount of foliage out front.

If You Arrive Early**Hostels**

IFSA-Butler cannot accommodate early arrivals. If you plan to stay in London before orientation, you may want to consider a youth hostel or hotel. You should make advance reservations since these places fill up early! Some hotels to consider are:

- Vienna Group Hotel: This facility offers inexpensive to moderately priced accommodation. Call from the U.S. (011-44-20-7221-1400). Use 020-7221-1400 in the U.K.
- International Youth Hostel Association (IYHA): Each of the IYHA hostels in London requires guests to be members. Sign up before you depart the U.S. by checking out their website at www.yha.org.uk.

Luggage Storage

IFSA-Butler does not have luggage storage facilities. You can store your luggage at the airport or at certain train stations. At Heathrow, you can pay up to £8.50 per item for up to 24 hours of storage. Some train stations also store luggage. For security reasons, any of these facilities may close at any time.

Program Calendar

England Summer 2011



	LSE Session I	LSE Session II	Pembroke and King's Colleges, Cambridge
Group Flight Departs	June 30	N/A	June 30
Arrive in London	July 1	N/A	July 1
Program Starts	July 1	N/A	July 1
IFSA-Butler Orientation	July 2-3	N/A	July 2-3
Move into Housing	July 3	N/A	July 3
University Orientation	July 3	N/A	July 3
Classes Begin	July 4	July 25	July 4
Classes End	July 22	August 12	August 26
Program Ends	July 23	August 13	August 27
	St. Peter's College, Oxford University	University of Sussex Session I	University of Sussex Session II
Group Flight Departs	July 6	June 30	N/A
Arrive in London	July 7	July 1	N/A
Program Starts	July 7	July 1	N/A
IFSA-Butler Orientation	July 8-9	July 2-3	N/A
Move into Housing	July 9	July 3	N/A
University Orientation	July 10	July 4	N/A
Classes Begin	July 11	July 4	August 1
Classes End	August 12	July 29	August 26
Program Ends	August 13	July 30	August 27
	University of the Arts London	University of Westminster Session I	University of Westminster Session II
Group Flight Departs	N/A	June 22	N/A
Arrive in London	June 17	June 23	July 14
Program Starts	June 17	June 23	July 14
IFSA-Butler Orientation	June 18-19	June 24-25	July 15-16
Move into Housing	June 17	June 25	July 16
University Orientation	June 20	June 27	July 18
Classes Begin	June 20	June 27	July 18
Classes End	August 12	July 14	August 4
Program Ends	August 13	July 16	August 6

These dates are correct as of January 14, 2011, but must be regarded as provisional given the mutability of host university calendars.

Upon arrival at your host university, check the program end dates for changes before confirming your return travel plans. End dates vary from department to department, and you must complete all course obligations prior to departure. In addition, you should not make plans to travel on the final day of class, as there may be exams on that day.

All students must move out of program housing on the program end date.